ENDOSCOPIC TRIGGER FINGER RELEASE
2.7MM RELEASE SYSTEM
Surgical Overview

STEP 1
A 1cm incision is marked at the proximal margin of the A1 pulley. The incision is made using a #15 blade.

STEP 2
The elevator is introduced to create a plane superficial to the flexor tendon sheath.

STEP 3
The 2.7mm clear cannula and obturator assembly is introduced with the slot of the cannula facing the flexor tendon sheath. The obturator is removed.

STEP 4
A 2.7mm, 30° arthroscope is introduced into the cannula visualizing the A1 pulley and A2 pulley.

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STEP 5
The 2.7mm scope-mounting blade is combined with the locking attachment and the assembly is fastened onto the scope.

STEP 6
The blade and scope assembly is advanced into the cannula releasing the A1 pulley. Care is taken to leave the A2 pulley intact.

STEP 7
After release, the cut edges of the pulley and underlying flexor tendon are visualized.

STEP 8
Release of the pulley is confirmed by bringing the finger through passive movement and endoscopically observing the tendon gliding freely within the cannula.
The absence of triggering should be confirmed by having the patient move his or her fingers.
The wound is closed and a soft dressing applied. The patient is encouraged to begin early finger motion following surgery and to resume daily activities as tolerated.

Postoperative Confirmation and Care

Ordering Information

2.7mm Instrumentation Tray
Ref: 4500

2.7mm Disposable Blade/Cannula
Ref: 4500-99

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